



Winnebago County Resource Guide

*Winnebago County
Public Health and
General Assistance
641-585-4763*

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Heat Assistance-North Iowa Community Action Forest City Office 641-585-5863

Salvation Army- 641-512-4951 or 641-590-1437

Area Churches

Food Assistance and Food Pantries

Forest City	<p>Neighborhood Food Bank 215 S 4th St. #3 Forest City, IA 641-585-1360 Mondays 12:00-4:00pm</p>
Garner	<p>God's Pantry United Methodist Church 885 Maben Ave, Garner, IA 641-923-2191 Mon 9:00-11:00am, Thurs 4:00-6:00pm</p> <p>Garner Mobile Pantry United Methodist Church 885 Maben Ave, Garner, IA 641-923-2191 1st Tuesday of each month</p>
Lake Mills	<p>Lake Mills Food Shelf Salem Lutheran Church 401 South Lake St., Lake Mills, IA 641-592-1771 Mondays 2:30 – 5:00 p.m. Serves Individuals & Families in the Lake Mills Community School District</p>
Leland	<p>Our Savior's Lutheran Church 113 5th Ave E Leland, IA 641-567-3331 Tuesdays 4:30 – 6:30 p.m.</p>
Mason City	<p>Hawkeye Harvest Food Bank 122 South Adams Mason City, IA (641) 424-3073 Monday-Friday 1:00pm – 4:00pm</p> <p>Ruby's Pantry 341 19th Street Southwest, Mason City, IA 2nd Tuesday of the Month Registration begins at 4:30pm Food bundles available 4:30-6:00pm</p> <p>Salvation Army Food Pantry 747 Village Green Dr. 641-424-4031 Mon-Fri 8:00am-4:00pm Emergency Food Pantry Only</p>

*See if you qualify for additional assistance by going online at <http://dhs.iowa.gov/how-to-apply> and download the application or contact our local DHS office at 641-924-8641

Congregate Meals and Home Delivered Meals

Forest City	<p>Forest City Senior/Comm. Center 125 N 7th St. Forest City, IA 641-585-2517 M-F 11:30 Congregate and Home Delivered Meals</p> <p>Immanuel Luther Church 246 S Clark St Forest City, IA 641-585-3152 Every Wednesday Night 4:00 – 6:00 p.m.</p>
Mason City	<p>Community Kitchen 606 North Monroe Ave. Mason City, IA 641-424-2316 Mon-Sat 11:00am- 12:30pm Mon-Thurs 4:45pm- 5:45pm</p>

Transportation

Forest City	Forest City Taxi 641-529-9153
Garner	Rusty Schmidt Medical Appointment Transport 641-425-8946

Region 2 Transit System 641-423-2262
Hancock County Transit 641-923-3333
Winnebago County Transit 641-423-2262
My Community Ride North Iowa Community Action Org. 800-873-1899

Homeless Shelters

Ames	The Bridge Home 225 S Kellogg Ave Ames, IA 515-232-8075
Fort Dodge	Beacon- Hope Men's Homeless Shelter 1021 1 st Ave. N Fort Dodge, IA 515-955-3366
Mason City	Homeless Shelters of North Iowa 202 1 st St. NW Mason City, IA 641-423-5920 Northern Lights Men's Homeless Shelter 307 N Monroe Ave. Mason City, IA 641-380-0047

Clothing and Secondhand Stores

<p>Clear Lake</p>	<p>One Vision Thrift Store 830 US 18 Clear Lake, IA 641-357-5270</p> <p>Tried and True 850 US 18 Clear Lake, IA 641-355-6300</p>
<p>Forest City</p>	<p>Nu2U Consignments 117 N Clark St Forest City, IA 641-585-1770</p> <p>Charit-Able Donations Thrift Store 605 E J St Forest City, IA 641-585-1500</p> <p>Clothes Closet Ministry Fertile Lutheran Church 602 West Washington St Fertile, IA 641-797-2767</p>
<p>Garner</p>	<p>Five Loaves, Two Fish Clothing Closet 475 Maben Ave. Garner, IA 641-519-0862</p>
<p>Mason City</p>	<p>Goodwill Store 3575 4th St. SW Mason City, IA 641-424-8338</p> <p>Affordables Thrift Store 315 N Delaware Ave Mason City, IA 641-423-7071</p> <p>Salvation Army 747 Village Green Dr. Mason City, IA 641-424-4031</p>

Health and Other Resources

<p>North Iowa Community Action Organization (NICA) 641-423-8993</p> <p>Heat Assistance-Lori Smith Forest City Office 641-585-5863</p>	<ul style="list-style-type: none"> • Child Development Home Program • Family Development Specialist • Disaster Care Management • United Way Housing Assistance • Low Income Home Energy and Water Assistance Programs • My Community Ride • Family Planning • Maternal Health • Women, Infants, and Children (WIC) • I-Smile • Child and Adolescent Health (Hawki) • Additional Services not listed above
<p>Caring Pregnancy Center 830 15th St. SW Ste. 1 Mason City, IA 641-424-2237</p>	<ul style="list-style-type: none"> • Free Ultrasound and Pregnancy Tests • Maternity and baby items • Peer Counseling • Parenting Classes • Post abortion counseling • Incentive Program
<p>North Iowa Dental Clinic for the Uninsured and Underinsured 1501 4th St. SW Mason City IA 641-422-7498</p>	<ul style="list-style-type: none"> • Dental triage and emergency dental services • Appointment only
<p>Community Health Center 126 N 10th St Fort Dodge, IA 515-576-6500</p> <p>Community Health Center 404 North Federal Ave. Mason City, IA 641-450-0601</p>	<ul style="list-style-type: none"> • Medical Services <ul style="list-style-type: none"> ○ Medical Care ○ Well Exams ○ Treatment Management for Chronic Illnesses ○ Preventative Health ○ Immunizations ○ Family Planning ○ Mental Health Screening/Management ○ DOT Physicals ○ STD Exams and Treatment • Women's Health <ul style="list-style-type: none"> ○ Annual Exams ○ Reproductive Health ○ Hormone Treatment • Men's Health <ul style="list-style-type: none"> ○ PSA Testing • Children's Health <ul style="list-style-type: none"> ○ Lead Testing ○ Behavioral Health ○ Oral Health Screenings ○ Sports Physicals

<p>Elderbridge Agency on Aging</p>	<ul style="list-style-type: none"> • Supportive Services <ul style="list-style-type: none"> ○ Options counseling to maintain long term independence ○ Help with access services, in home services, and community services • Health, Prevention, Wellness <ul style="list-style-type: none"> ○ Nutrition ○ Fall Prevention-variety of programs • Family Caregiver Support <ul style="list-style-type: none"> ○ Information Assistance ○ Options Counseling and Education ○ Respite Care • Older Worker Employment Program • Elder Abuse Prevention and Awareness • Medicare Support • Home Assistance <ul style="list-style-type: none"> ○ Home Again Transitional Care ○ Medications ○ Care Coordination ○ Home Safety Assessment ○ Errand Buddy
<p>24-hour Crisis Line Call-855-581-8111 Text-855-895-8398</p>	<ul style="list-style-type: none"> • Provides information and referrals • Counseling • Crisis Service Coordination • Linkages to Crisis Screening and Mental Health Services
<p>West Campus Rural Outreach Pharmacy 910 N Eisenhower Ave Mason City, IA 641-428-5630</p>	<ul style="list-style-type: none"> • Service for Medication in an emergency
<p>North Iowa Area Council of Governments 525 6th St SW Mason City, IA 50401 641-423-0491</p>	<ul style="list-style-type: none"> • Mason City Transit • Some home repairs

Housing in Forest City, IA

Forest City	<p>Life Style, Inc. – low income Town Square – 136 West I St Duplexes – 127 Winnebago Way 507-451-8524</p> <p>Community Housing Initiative – low income Community Plaza 125 Cathedral Oaks Road 712-262-1191</p> <p>Murphy Management – low income New Life Estates 145 Westgate Drive 515-285-2827</p> <p>North Iowa Housing Authority – low income South View Plaza Apartments 113 Cathedral Oaks Road 888-817-1841</p> <p>List of Landlords – unsubsidized Available at City Hall 305 North Clark Street 641-585-3574</p>
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